



SeekingHealth

CURRICULUM VITAE

Benjamin Lynch, ND

Seattle, WA

USA

Contact Jatone at (800) 547-9812 or (360) 306-8749

(855) 849-9090 fax

Passion:

Identifying methods to optimize health in unborn children in order to reduce incidence of chronic disease, inferior genetics and autism

Brief Bio:

Benjamin Lynch, ND received his Cell and Molecular Biology, BS from the University of Washington and his ND from Bastyr University. His passion for identifying the cause of disease directed him towards nutrigenomics and methylation dysfunction. Currently, he researches, writes and presents worldwide on the topic of MTHFR and methylation defects. You may learn more about Dr Lynch and his work at www.MTHFR.Net. Dr Lynch is also the President & CEO of www.SeekingHealth.com, a company oriented towards disease prevention and health promotion. He lives in Seattle, WA with his wife, Nadia, and three boys, Tasman, Mathew and Theodor.

Personal Information:

Born 1974 in Portland, Oregon

Citizen of USA

Married Nadia Lynch on February 2001

Father of three boys: Tasman, Mathew and Theodor

Education:

Sunriver Preparatory School, Sunriver, Oregon (Valedictorian, 1992)

University of Washington, Seattle, Washington (Cell and Molecular Biology, BS, 2002)

Bastyr University (Doctorate of Naturopathic Medicine, 2007)

Professional Memberships:

American Association of Naturopathic Physicians (AANP) - current

Washington Association of Naturopathic Physicians (WANP) - current

Member, Marketing Board for the AANP – current

1708 Kentucky Street, Suite A | Bellingham, WA | 98229 | USA

Phone: (800) 547-9812 | Fax: (425) 354-4663

www.SeekingHealth.com



SeekingHealth

Positions:

President & CEO of Docere, Inc.

- Providing health professionals and laymen current information on methylation and nutrigenomics
- www.MTHFR.net is the starting site with more planned

President & CEO of Seeking Health, LLC

- Providing health professionals and laymen tools needed to optimize health and wellness
- www.SeekingHealth.com

President & CEO of HealthE Goods, Inc.

- Provider of natural health products for over 6 years
- Sold Summer 2012

Awards:

Recipient of INC 500 Fastest Growing Business in USA - 2010

Better Business Bureau, Small Business of the Year, 2006 – Finalist

Bastyr Scholar Award – 2006

Speaking Engagements and Presentations:

Online Marketing Essentials– 2011

- for California ND Association
- Webinar
- 2 Hours

MTHFR – Oct 2012

- for British Columbia ND Association
- Speaker at their annual conference
- Vancouver, BC, Canada
- 2 Hours

Ankyloglossia and MTHFR – Nov 2012

- for Lactation Consultants
- Webinar
- 2 Hours

MTHFR – Dec 2012

- for private event
- Speaker
- Orlando, FL
- 4 Hours

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MTHFR – Jan 2013

- for Public Health Course at Bastyr University
- Guest Lecturer
- Kenmore, WA
- 1 Hour

MTHFR and Methylation – May 2013

- for Alberta ND College Conference
- Speaker
- Banff, Alberta, Canada
- 2 Hours

MTHFR and Methylation Defects in Autism – May 2013

- for TACA Now: Autism Group
- Speaker
- Seattle, WA
- 2 Hours

Ankyloglossia, MTHFR and Methylation – June 2013

- for International Association of Tongue Tie Professionals
- Speaker
- Orlando, Florida
- 2 Hours

Methylation Deficiency and Chronic Disease – September 2013

- International Chronic Disease Conference
- Speaker
- University of Washington, Seattle, WA
- 2 Hours

Nutrigenomics and Methylation Deficiencies: Clinical Approaches – October 2013

- for Bastyr University
- Speaker
- Seattle, WA
- 2 Day Seminar (15 CEUs)

Physician's Round Table – March 13-16, 2014

- Speaker
- Tampa, Florida
- 2 Hours
- 500 physicians

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Publications and Books:

Naturopathic Physical Medicine by Lean Chaitow

- subject of Balneotherapy
- contributor author to Hydrotherapy chapter
- book

Naturopathic Foundations

- subject of Balneotherapy
- contributor author to Balneotherapy section
- book

Washington Athletic Club Magazine

- subject of MTHFR
- article

MTHFR book by Benjamin Lynch, ND

- subject of MTHFR
- book, in progress

Radio Shows

Guest on various radio stations throughout USA

- subject of MTHFR and Methylation Defects

Languages:

- English – primary language
- Russian – not fluent

Interests:

- Overseas travel
- Sailing, Soccer, Basketball, Hiking, Backpacking, Kayaking, Skiing, Tennis
- Research

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